

DETOX + DIGESTION WORKSHOP

Exactly what you want and need after the busy Holidays! What a great time to start 2016!

Saturday January 2 2016

15:00 - 17:30

Are you constipated?

Cramps and pain?

Self-Care for your belly!



Feeling bloated?

Upset stomach?

Let go of your crap!

Sign Up
olive@yogalives.ch
www.yogalives.ch

Let's tackle the taboo by taking it over the roll!