

FORREST YOGA + RELAXATION RETREAT

Only for YOU:

3 nights accommodation in a luxury double room!
3 vegetarian meals a day!
2 daily yoga classes with meditation and writing!
Afternoon trips to Tarragona and Cambrils beach!
Barcelona Airport pick-up & drop-off!

Book your flight NOW and register TODAY!



This is an all-inclusive Retreat!
Rest | Relax | Rejuvenate

Single: CHF 680.-
Double: CHF 570.-

Alcover Spain | October 30th - November 2nd | 2015



Michelle Haymoz | Photography

**WITH
CHANTAL HAUSER**

Chantal Hauser has been practicing yoga for over 8 years and has been teaching for over the past 5 years. To learn more visit her website or email her!
chantalhauseryoga.com



More Information: masmonrava.com | Registration: chantalhauseryoga@gmail.com



Chantal Hauser Yoga